

## **Deenanath Mangeshkar Hospital COVID Vaccination programme**

Please read carefully before you enroll for COVID vaccination.

### **Scientific information, Dos and Don'ts about the vaccine**

- 3200 plus healthcare professionals from Deenanath Mangeshkar Hospital have taken the COVISHIELD vaccine. The following scientific information and suggestions are based on our data of these vaccinations plus the information printed on the pack insert leaflet by the manufacturer.

The vaccine is generally safe and serious side effects are rare. Thus it is advisable to take the vaccine for your own protection and to break the chain of transmission of the virus.

1) Approximately 15 % individuals get mild fever, headache, body ache within 48 hours after the vaccine, thus avoid an important work / travel/ appointment in the next 3 days after the vaccination.

2) The mild symptoms like fever , headache , bodyache generally do not need any treatment as they resolve on their own but you may take Tab Paracetamol 650 mg three times a day if the symptoms are distressing. Do consult your physician if the symptoms are severe or they do not resolve within the 48 hours after the vaccination.

3) Do not stop your routine medications for Diabetes, Blood pressure, heart disease, epilepsy or any other long term medications.

4) Patients who take blood thinners like Aspirin, Clopidogrel, Prasugrel, Ticagrelor, Dabigatran, Rivaroxaban or Warfarin, SHOULD NOT STOP these medications before the vaccination. You should continue these medications before and after the vaccination. It is advisable for these patients to give firm pressure for 30 minutes at the site of the vaccine injection after the vaccine dose to prevent bleeding. In case of doubt, before booking your appointment, please consult your who has prescribed these medications.

5)Chronic diseases like Parkinson's Disease, Seizure disorders, Paralysis, Ischemic heart disease,Chronic liver disease, Chronic renal failure needing dialysis, Malignancy on chemotherapy ( the list is not complete) etc. are NOT contraindications for vaccination. In fact, patients with these conditions should take the vaccine as early as possible.

### **Vaccine is not advisable in the following situations**

- Vaccine is not approved for individuals below the age of 18 years.
- As per the current scientific guidelines we are not vaccinating "Pregnant and lactating females"
- Individuals having history of severe allergy reactions needing hospitalization should consult a Physician before vaccination.
- If you are having a fever or any active infection requiring medical treatment, avoid the vaccine till its complete resolution

- If you are taking oral or injectable steroids or any other “Immunosuppressive” drugs, AVOID vaccination for now and consult your physician about the planning of vaccination in the future.

❖ *If you had COVID disease (Rapid antigen positive **OR** RT PCR Positive **OR** X ray/CT scan proven disease) in the previous 2 months, avoid vaccination now but do take the vaccine at a later date.*